

A Community Collaboration Toolkit for Pennsylvania Providers

Other Resources

Books

Behind the Smile—Marie Osmond, 2001

Beyond the Blues: A Guide to Understanding and Treating Prenatal and Postpartum Depression—Shoshana S. Bennett & Pec Indman, 2003

Conquering Postpartum Depression: A Proven Plan for Recovery—Ronald Rosenberg, James Windell, Deborah Greening, 2004

Cradle Will Fall, The—Carl S. Burak, Michele G. Remington, 1996

Down Came the Rain: My Journey through Postpartum Depression—Brooke Shields, 2005

Evaluation and Treatment of Postpartum Emotional Disorders—Ann L. L. Dunnewold, 1997

Feeling Good—David Burns, 1999

Great Sex for Moms: Ten Steps to Nurturing Passion while Raising Kids—Valerie Raskin, 2002

How to Heal Depression—Harold Bloomfield & Peter McWilliams, 1995

How You Can Survive When They're Depressed—Anne Sheffield, 1998

I Wish Someone Had Told Me: A Realistic Guide to Early Motherhood—Nina Barrett, 1997

Laughter and Tears: The Emotional Life of New Mothers—Elizabeth Bing & Libby Colman, 1997

Mask of Motherhood, The—Susan Maushart, 2000

Mother-to-Mother Postpartum Depression Support Book, The—Sandra Poulin, 2006

Mothering the New Mother: Women's Feelings and Needs after Childbirth: A Support and Resource Guide—Sally Placksin, 2000

Mother's Tears: Understanding the Mood Swings That Follow Childbirth—Arlene Huysman, 2004

New Mother Syndrome, The—Carol Dix, 1987

Overcoming Postpartum Depression and Anxiety—Linda Sebastian, 1998

Perinatal and Postpartum Mood Disorders: Perspectives and Treatment Guide for the Health Care Practitioner—Susan Dowd Stone and Alexis E. Menken, 2008

Postpartum Depression and Anxiety: A Self Help Guide for Mothers—Pacific Postpartum Support Society

Postpartum Depression and Child Development—Lynne E. Murray & Peter J. Cooper, 1997

Postpartum Depression: Every Woman's Guide to Diagnosis, Treatment and Prevention—Sharon L. Roan, 1997

Postpartum Depression Demystified: An Essential Guide for Understanding and Overcoming the Most Common Complication after Childbirth—Joyce A. Venis and Suzanne McCloskey, 2007

Postpartum Husband: Practical Solutions for Living with Postpartum Depression—Karen Kleiman, 2000

- Postpartum Psychiatric Illness: A Picture Puzzle*—James A Hamilton & Patrick N. Harberger, 1992
- Postpartum Survival Guide: Everything You Need to Know about Postpartum Depression*— Paul Meier, Todd Clements, and Lynne Johnson, 2009
- Rebounding From Childbirth: Toward Emotional Recovery*—Lynn Madsen & Frederick Quinn, 1994
- Shouldn't I Be Happy: Emotional Problems of Pregnant and Postpartum Women*—Shaila Misri, 2002
- Sleepless Days: One Woman's Journey through Postpartum Depression*—Susan Resnick, 2001
- Therapy and the Postpartum Woman*—Karen Kleiman, 2009
- This Isn't What I Expected: Overcoming Postpartum Depression*—Karen Kleiman & Valerie Raskin, 1994
- What Am I Thinking: Having a Baby After Postpartum Depression*—Karen Kleiman, 2005
- When Words Are Not Enough*—Valerie Raskin, 1997
- Women's Moods: What Every Woman Must Know about Hormones, the Brain, and Emotional Health*—Deborah Sichel & Jeanne W. Driscoll, 2000
- You Mean I Don't Have to Feel This Way?*—Colette Dowling, 1993 ■